

#### NaRCAD2023 Opening Remarks:

# Patting our community at the center

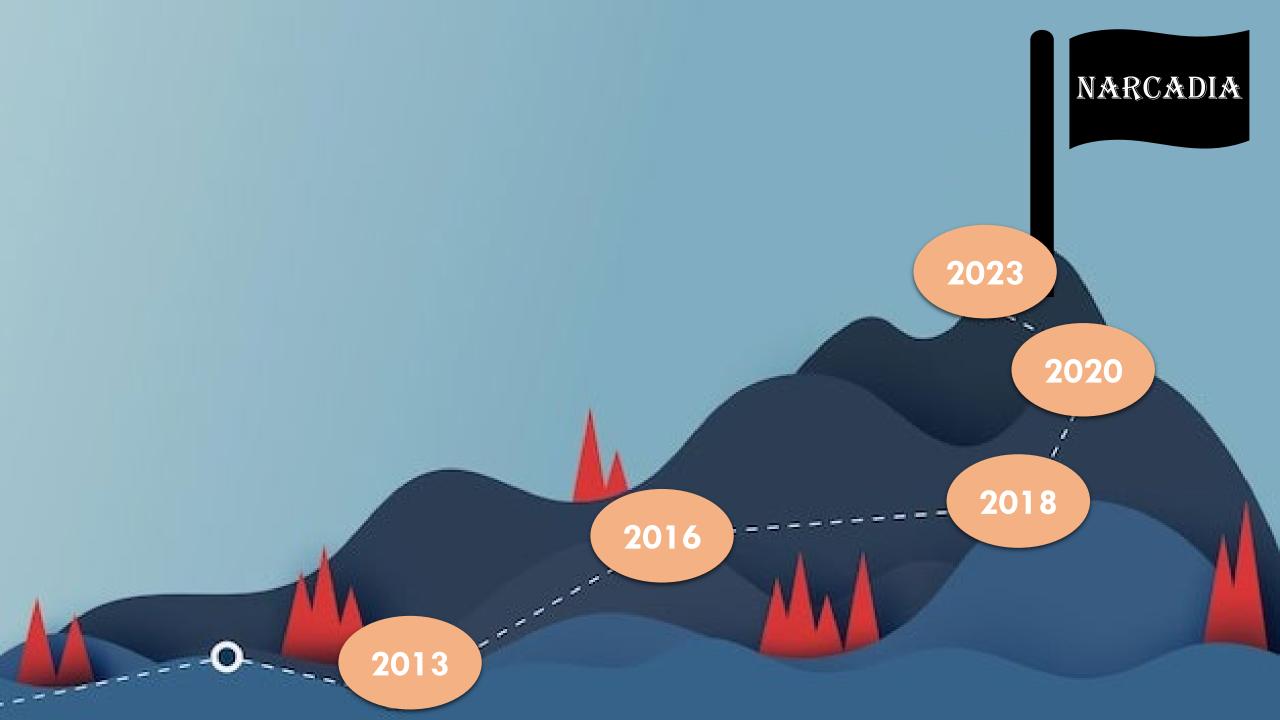
#### Mike Fischer, MD, MS

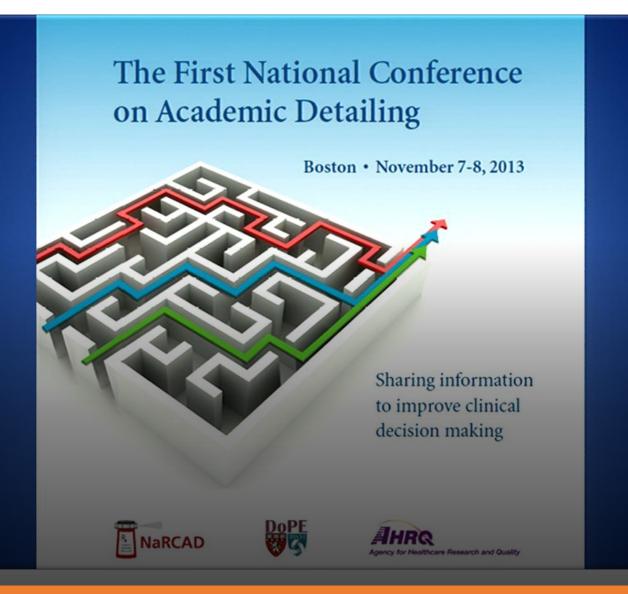
Founder & Director, NaRCAD

Chief of General Internal Medicine, Boston Medical Center

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School of Medicine





#### THEN:

- Speakers talking about general quality improvement themes
- Researchers
- Trying to raise understanding& uptake
- Hoping people show up!

#### 10 Years Ago This Week

#### **TODAY**

#### What We've Built Together:

- Our field is robust, connected, and rapidly expanding
- Broader themes in improving outcomes
- Creativity, collaboration, continuous conversations



#### Rapid Growth, Creative Application



- Taking "Adaptability" to the next level
- AD in diverse settings, different populations benefitting
- More community engagement and interlinking initiatives
- AD applied to new groups to encourage behavior change and provide best evidence

**Example:** Harm reduction initiative: Detailing to policymakers, emergency responders, construction workers

## REMEMBERING WHY WE'RE DOING THIS:

How do we best deliver important information?

How do we know when we're doing a good job?

When do we change our approach?

## FINDING THE JOY & MEANING IN WHAT WE DO

- ■This is a **social** strategy.
- Human-to-human approach.
- You're critical to its success!
- Can we respond to burnout in a meaningful way?
- Can we sustain our work to PREVENT burn out?

### DETAILERS' NEEDS MATTER

- Human Limits
- Individual needs
- Community
- Sustainability
- Reinvigoration

