

PREVENT DEATH BY OVERDOSE

If you suspect someone is experiencing an overdose, take these steps immediately:

- 1 Check to see if they respond.
- 2 **Call 911.**
- 3 Administer naloxone.
- 4 Give rescue breaths.
- 5 Give chest compressions.

To Avoid an Accidental Overdose:

- Never mix your opioids with alcohol, benzodiazepines (Xanax, Ativan, Klonopin, Valium), or medicines that make you sleepy.
- Talk to your health care provider about things to be aware of if you miss or change doses, feel ill, or start new medications.

RESOURCES

Florida Department of Health
in Broward County

If your or your loved one are in need of recovery services, visit:
FLCoreNetwork.com.

**Florida
HEALTH**
Broward County

Contact your local county health department for information on receiving **naloxone** for your community.

Naloxone kits can be obtained at the following Florida Department of Health in Broward County locations:

**Fort Lauderdale Health Center
Pharmacy**
2421 SW 6th Ave.
Fort Lauderdale, FL 33315

**Paul Hughes Health Center
Pharmacy**
205 NW 6th Ave.
Pompano Beach, FL 33060

For more information, visit:
Broward.FLhealth.gov.

YOU CAN

Save A Life

Recognize and Respond to Overdose

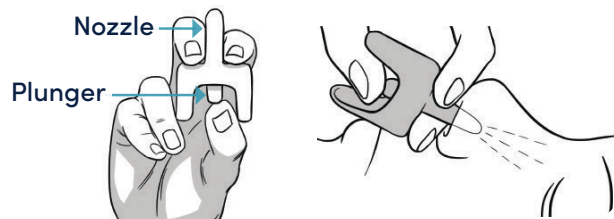
Signs of Overdose

- Small, constricted “pinpoint pupils”
- Falling asleep or losing consciousness
- Slow, weak, or not breathing
- Choking or gurgling sounds
- Cold and/or clammy skin
- Discolored skin, especially lips and nails
- Limp body

Florida Department of Health

How to give naloxone nasal spray:

This nasal spray needs no assembly and can be sprayed up one nostril by pushing the plunger.



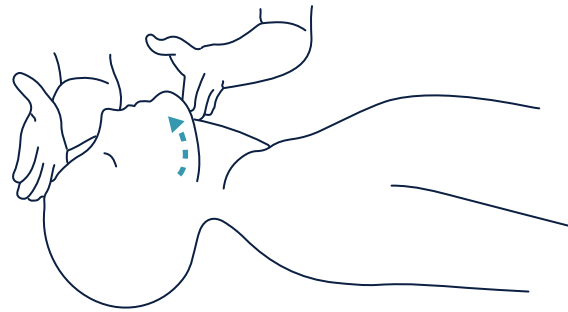
Naloxone will work on these medications:

Generic	Brand Name
Hydrocodone	Vicodin, Lorcet, Lortab, Norco, Zohydro
Oxycodone	Percocet, OxyContin, Roxicodone, Percodan
Morphine	MSContin, Kadian, Embeda, Avinza
Codeine	Tylenol with Codeine, TyCo, Tylenol #3
Fentanyl	Duragesic, Actiq
Hydromorphone	Dilaudid
Oxymorphone	Opana
Meperidine	Demerol
Methadone	Dolophine, Methadose
Buprenorphine	Suboxone, Subutex, Zubsolv, Bunavail, Butrans

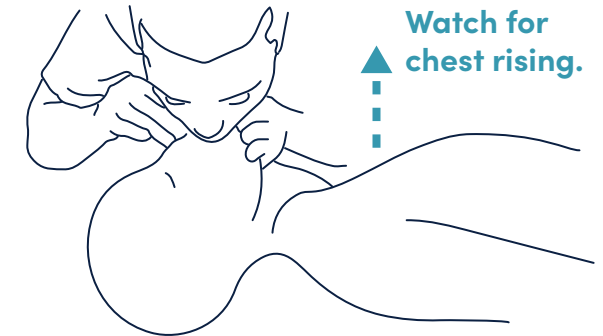
*Heroin is also an opioid.

How to perform CPR:

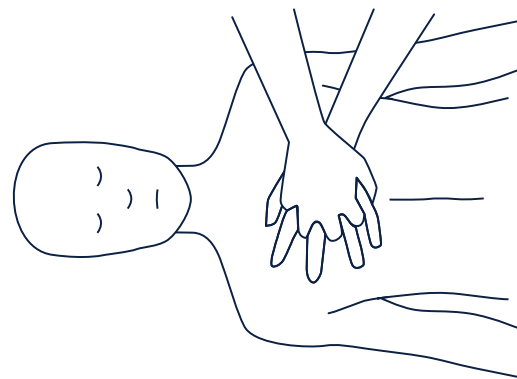
1 Open airways by lifting the chin slightly.



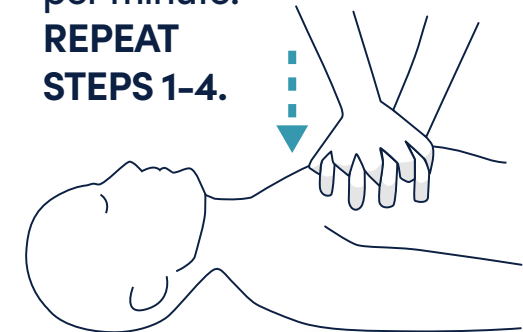
2 Pinch nose and give two rescue breaths.



3 Intertwine fingers and place palm in middle of chest, above nipples.



4 Use forceful pressure to push down 2 inches, then up. Continue 100 to 120 times per minute. **REPEAT STEPS 1-4.**



NALOXONE

YOU CAN SAVE A LIFE

