

### TRUST & COLLABORATION FOR BETTER CARE: STRENGTHENING THE DETAILER-TO-CLINICIAN RELATIONSHIP

Wednesday, February 26th, 2020, 2:00 P.M. — 3:15 P.M. EST

National Resource Center for Academic Detailing
Division of Pharmacoepidemiology and Pharmacoeconomics [**DoPE**]
Brigham and Women's Hospital | Harvard Medical School





**Today's Webinar Facilitators:** 

Mike Fischer, MD, MS, Director, NaRCAD
Bevin Shagoury, Communications & Education Director, NaRCAD



### Webinar Goals:

- ✓ Understanding the Day-to-Day Reality of a Frontline Clinician
- ✓ Reflecting on Clinician Values, Needs, and Barriers to Behavior Change
- Learning the Skills to Build a Strong, Collaborative Relationship
- √ Q+A Session with NaRCAD Team



# Primary Care Physicians: The Day-to-Day Reality

- Stress levels are high
  - Number of patients
  - Time minimized for each patient
  - EHR/Protocol issues



- Under-resourced/under-staffed
- Workflow issues
- Other



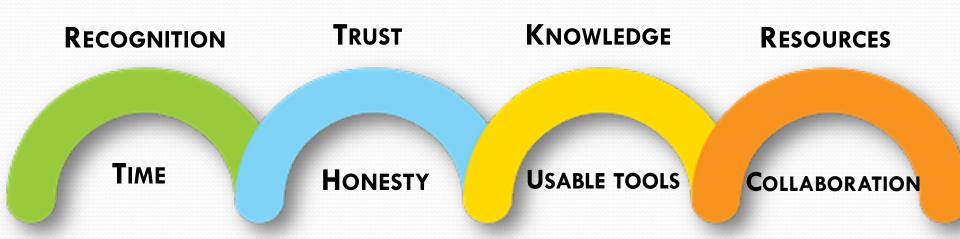
### What are Clinicians' Goals?

- Patient health
- Safety
- Care improvement
- Mastery





### What do Clinicians Value Most?







Provide a space for the clinician to identify what they need to help their specific patients





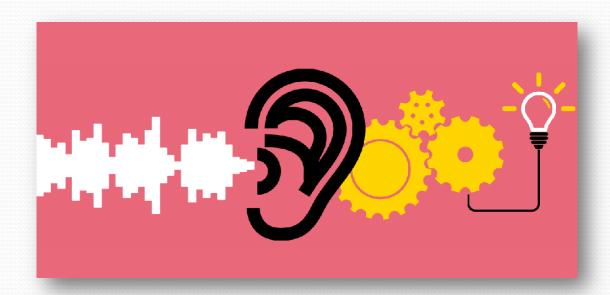
Deploy active, deep listening to the clinician's stories, realities, experiences





Reflect upon what the clinician is sharing with you, using clarifying statements, mirroring, and illustrating empathy and understanding

Transition to problem-solving vs. just delivering a key message.



This kind of relationship-building is more likely to result in clinician committing to a specific behavior change.



#### **Building a Strong, Collaborative Relationship:**

- See clinicians as human
- Respect their time and be mindful
- Clarify your role and intention
- Work towards common goal of care improvement
- Reflective listening and mirror statements
- Be prepared and well-versed in clinical content based on accurate evidence





#### **Building a Strong, Collaborative Relationship:**

- Acknowledge/validate their stressors/reality
- Use cultural sensitivity/inclusive language
- Be aware of different learning styles
- Identify AD as a continuous service
- Treat the entire clinic with respect







Please type your questions into the Zoom Q + A box.

We'll try to get to all of your questions!



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