



The Connecticut Early Detection and Prevention Program (CEDPP)

(CEDPP = CBCCEDP+WISEWOMAN)

• JUNE 2019 •

The Connecticut Breast and Cervical Cancer Early Detection Program (CBCCEDP) is a comprehensive screening program available throughout Connecticut for medically underserved women, age 21 and over. The



primary objective of the program is to significantly increase the number of women who receive cardiovascular, breast and cervical cancer

screening, diagnostic and treatment referral services. All services are offered **free** of charge through the

Connecticut Department of Public Health's contracted health care providers located statewide.

The CBCCEDP Screening and Diagnostic Services include:

- Office Visits
- Screening and Diagnostic Mammograms
- Breast Biopsies
- Breast Ultrasounds
- Fine Needle Aspirations
- Pap Tests
- Colposcopies and Colposcopy-Directed Biopsies
- LEEP
- Surgical Consultations
- Clinical Breast Exams



The Connecticut Department of Public Health's WISEWOMAN (Well-Integrated Screening and Evaluation for Woman Across the Nation) program is a Centers for Disease Control and Prevention (CDC)-sponsored program designed to help 40-64 year old women reduce their risk for heart disease and promote a heart-healthy lifestyle.

Connecticut's WISEWOMAN program, administered by the Department of Public Health (DPH), provides women found at risk for cardiovascular disease an opportunity to participate in a lifestyle modification program, which includes nutrition and physical activity interventions.

Connecticut Department of Public Health
410 Capitol Avenue, Hartford, CT 06134
portal.ct.gov/earlydetection

The WISEWOMAN program incorporates cardiovascular disease screening and intervention services into the healthcare delivery system of the current DPH Breast and Cervical Cancer Early Detection Program contracted health care provider sites. In addition to a clinical breast exam, pap test, and mammogram, women who participate in the WISEWOMAN Program receive screening for cardiovascular disease.

WISEWOMAN services include monitoring:

- **height**
- **weight**
- **blood pressure**
- **cholesterol**
- **blood glucose testing**

In addition, the services include the implementation of selected nutrition and physical activity interventions for abnormal screening results (Health Coaching, Weight Watchers, DPP, Self-Monitoring Blood Pressure, Gym Memberships, Yoga and Zumba Fitness® Classes, Community Gardens and more!).

To be eligible for the WISEWOMAN Program, a woman must be enrolled in the department's Breast and Cervical Cancer Early Detection Program; be 40 to 64 years of age; have an income at or below 250% of the federal poverty level; have no health insurance; have an insurance deductible of \$1,000 or more; or have health insurance that excludes routine blood pressure screening, lipid profile, and blood glucose screenings.

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Key Points

- In Connecticut, the incidence of breast cancer in women in 2011-2015 was 140 per 100,000 women – the second highest rate in the US.
- Nearly 38,000 Connecticut women living at or below the 250% FPL have no insurance.
- CEDPP serves 4,400 uninsured women annually.
- *To date 70,000 individual women have been screened, delivering
 - 150,314 clinical office visits
 - 108,511 mammograms
 - 104,398 pap test
 - 11,372 HPV tests
- 4,770 CT women died from heart disease in 2015.
- *WISEWOMAN has provided:
 - 3,088 screening for heart diseases risks.
 - 2,663 women with support for lifestyle change

*Data reflects numbers from 2017-18 program year