**What Can Providers Do to Help?**

**START LOW AND GO SLOW**
When opioids are started, prescribe them at the lowest effective dose *(Recommendation #5)*

**OFFER TREATMENT FOR OPIOID USE DISORDER**
Offer or arrange evidence-based treatment (e.g. medication-assisted treatment and behavioral therapies) for patients with opioid use disorder *(Recommendation #12)*

**USE NONOPIOID TREATMENT**
Opioids are not first-line or routine therapy for chronic pain *(Recommendation #1)*

**REVIEW PDMP**
Check prescription drug monitoring program data for high dosages and prescriptions from other providers *(Recommendation #9)*

**AVOID CONCURRENT PRESCRIBING**
Avoid prescribing opioids and benzodiazepines concurrently whenever possible *(Recommendation #11)*