

# Affirming Care for Transgender & Nonbinary People

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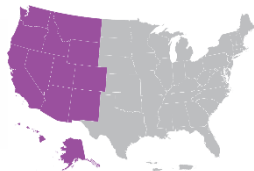
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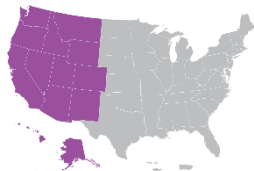
*We have no disclosures to declare.*



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# ZOOM POLL

**How comfortable would you feel discussing gender affirming care with clinicians?**



# WHAT IS GENDER?

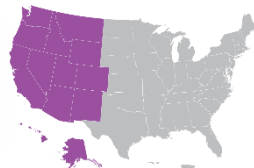
Gender = social construct of characteristics that **varies between different cultures & societies.**

*Examples: Men/Women, Boys/Girls, Two Spirit, Hijras, etc.*



*“Gender refers to the characteristics of women, men, girls and boys that are **socially constructed**. This includes norms, behaviors and roles associated with being a woman, man, girl or boy, as well as relationships with each other. **As a social construct**, gender varies from society to society and can change over time.”*

Source: [https://www.who.int/health-topics/gender#tab=tab\\_1](https://www.who.int/health-topics/gender#tab=tab_1)



# THE SOGIE ASTRONAUT *A GALAXY OF LIMITLESS POSSIBILITIES!*

\*SOGIE STANDS FOR SEXUAL ORIENTATION, GENDER IDENTITY & EXPRESSION



**SEX ASSIGNED AT BIRTH**

FEMALE  MALE  INTERSEX/OTHER

**GENDER IDENTITY**

AGENDER GENDER FLUID ENBY ANDROGYNE TWO-SPIRIT GENDER QUEER

WOMAN  
MAN  
ANOTHER

**GENDER EXPRESSION**

FEMININE  
MASCULINE  
ANDROGYNOUS

**PRONOUNS**

SHE/HER/HERS  HE/HIM/HIS  THEY/THEY/THEIRS  
 ZE/HIR/HIRS  SOMETHING ELSE  NO PRONOUNS, USE NAME



**ATTRACTED TO (SEXUALLY/ROMANTICALLY/EMOTIONALLY)**

ASEXUAL DEMISEXUAL PANSEXUAL BISEXUAL LESBIAN GAY

WOMEN/FEMININITY  
MEN/MASCULINITY  
MULTIPLE GENDERS

# WHY GENDER AFFIRMING CARE?



## Transgender and Nonbinary Social Determinants of Health

### HOUSING

1 in 3 TGNB people experience homelessness in their lifetime



**70%** who stay at a shelter experience mistreatment

### EDUCATION

77% of TGNB students K-12 experience mistreatment because of their gender identity



### PUBLIC ACCOMODATION

31% of TGNB people experience mistreatment & harassment in public services annually



### POLICE

58% of TGNB people report verbal, physical, and sexual harassment, including forced sex, by police



### HEALTH CARE ACCESS

1 in 4 TGNB people report harassment in health settings



**33%** did not seek care when necessary due to cost

### EMPLOYMENT & INCOME

TGNB people are **2x** as likely to be living in poverty & **3x** as likely to be unemployed

## Health Outcomes

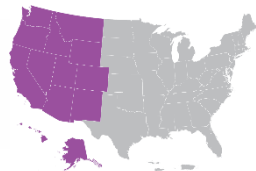
## TGNB Health Disparities

- HIV diagnosis
- Behavioral/Mental health
- Suicidality
- Non-suicidal self-harm
- Substance use and abuse
- Tobacco use
- PTSD
- Chronic Illness
- Disability

Source: James, S.E., Herman, J. L., Rankin, S., Keisling, M., Mottet, L., & Anafi, M. (2016). Executive summary of the report of the 2015 U.S. Transgender Survey. National Center for Transgender Equality.



# Detailing to Create a Gender Affirming Clinical Environment

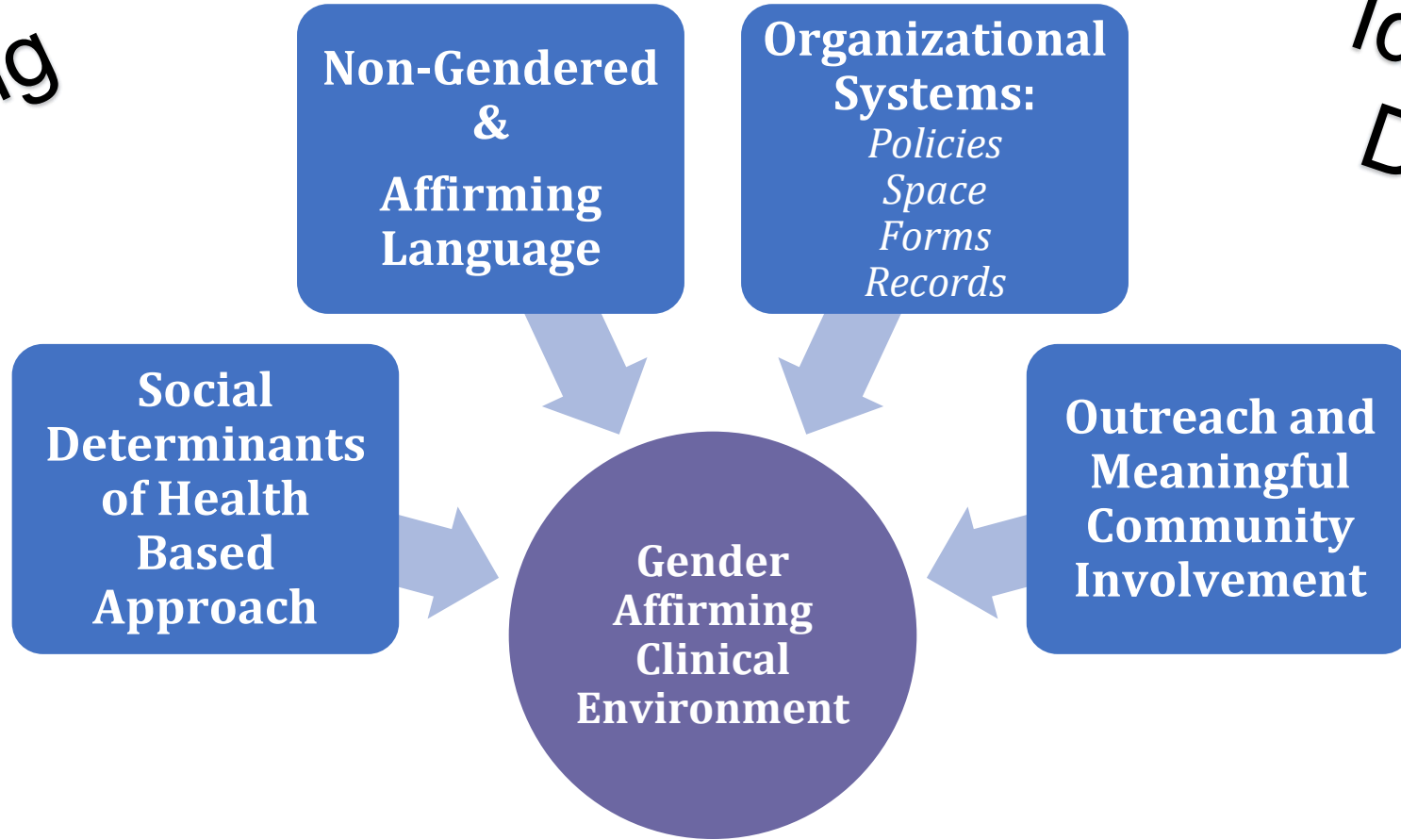


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# FACILITATORS TO CARE FOR TGNB INDIVIDUALS

✓  
Storytelling

~~Ideological  
Debates~~





# IMPORTANT RESOURCES

**Positively Trans (T+) 2015 & 2018 Needs Assessments of BIPOC TGNB Living with HIV**

<https://transgenderlawcenter.org/programs/positively-trans/>

**Trans Legislation Tracker**

<https://translegislation.com>

**National Center for transgender Equality's State Action Center**

<https://transequality.org/state-action-center>

**Access the Delivering HIV Prevention and Care to Transgender People CME/CEU Program**

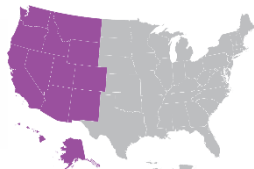
<https://www.lgbtqiahealtheducation.org/courses/hiv-care-for-transgender-and-gender-diverse-people>

**Denver PTC's Guide to LGBTQ+ Inclusive Forms**

<https://denverptc.org/resource.php?id=231>

**NCTE's Frequently Asked Questions about Transgender People**

<https://transequality.org/issues/resources/frequently-asked-questions-about-transgender-people>



# IMPORTANT RESOURCES

## Gender-Affirming Care and Young People (HHS Office of Population Affairs)

<https://opa.hhs.gov/sites/default/files/2022-03/gender-affirming-care-young-people-march-2022.pdf>

## UCSF's Guidelines for the Primary and Gender-Affirming Care of Transgender and Gender Nonbinary People

<https://transcare.ucsf.edu/guidelines>

## Fenway Institute Transgender Health

<https://fenwayhealth.org/care/medical/transgender-health/>

## CDC Resources on Gender Affirming Healthcare

<https://www.cdc.gov/hiv/clinicians/transforming-health/health-care-providers/affirmative-care.html>

- **CDC Resource Content:**

*Patient-Centered Care for Transgender Patients*

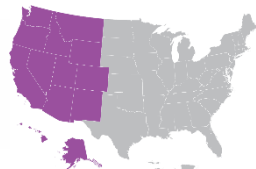
*Collecting Sexual Orientation and Gender Identity Information*

*Taking a Sexual History*

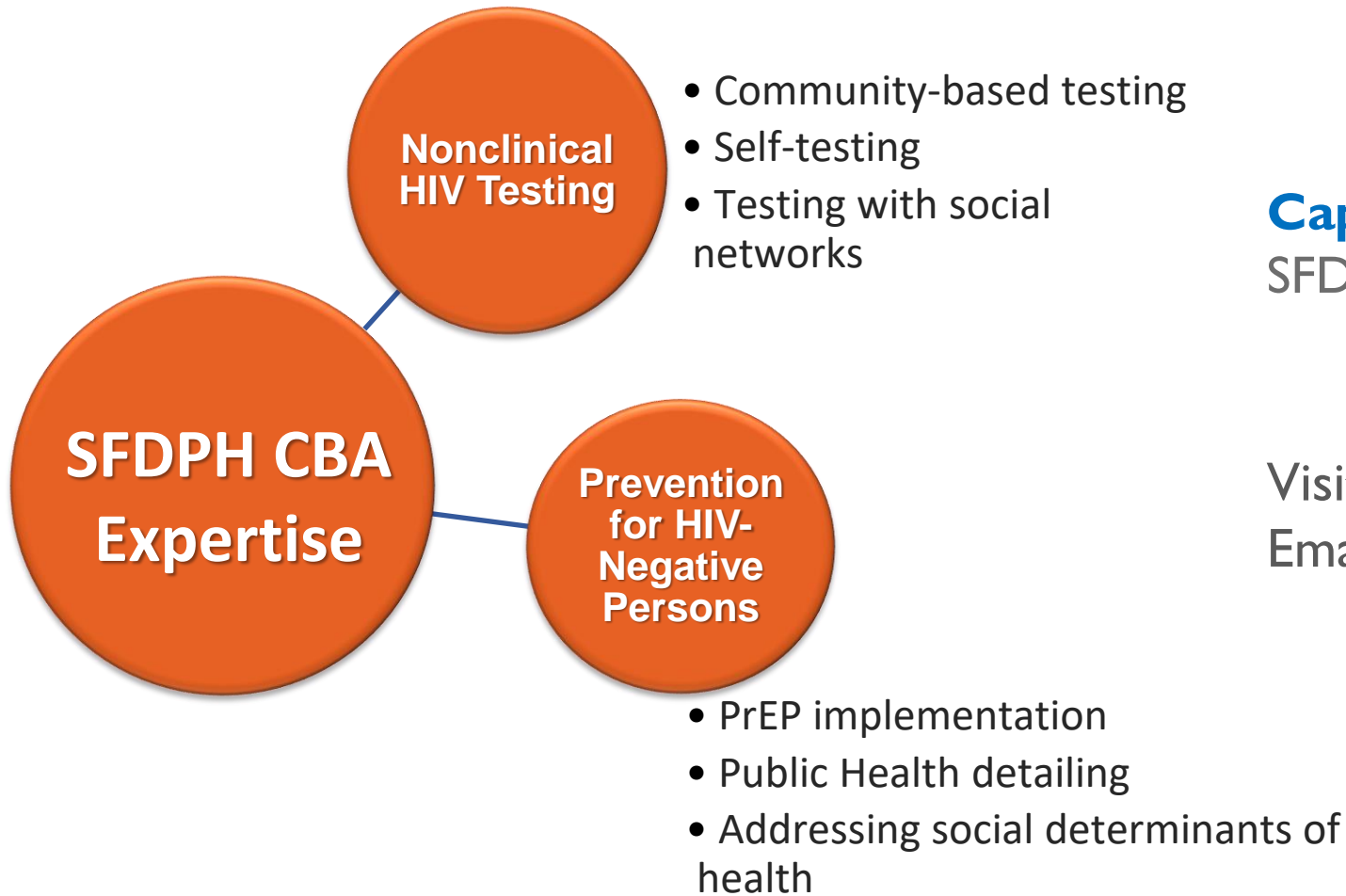
*HIV Testing, Prevention, and Care for Transgender People*

*Free Online Training Program*

*Additional Resources for Health Care Providers*



# SFDPH CBA PROGRAM



## Capacity Building Initiatives

SFDPH, Center for Learning & Innovation

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