Warning Signs: Recognizing When Someone Is In Danger

When it comes to the misuse or abuse of prescription pain medication, **anyone can be at risk.** It is an issue that affects all populations and it is important to recognize the warning signs when someone you know is in danger. Indicators include:

- Frequent physician visits
- Depression, anxiety, or post-traumatic stress disorder
- Aggressive behavior to obtain prescriptions
- Smoking or frequent abuse of alcohol
- Personal or family history of substance abuse
- Sharing medications
- Increasing dose without first discussing with a health care provider
- If you think you or a loved one is misusing pain medications, there IS help.

**Helpine:** 1-877-275-6364  
**Text Crisis Line:** 4hope to 741741

For more information on safe pain management tips, visit [TakeChargeOhio.org](http://TakeChargeOhio.org)