



## **Your Journey to Recovery Begins at MCHC!**

**Medication Assisted Treatment at  
Manchester Community Health Center**

### **What is Medication Assisted Treatment (MAT)?**

- MAT is treatment using prescribed medication to treat opiate and alcohol misuse
- MAT uses two alternative medications to suppress cravings and manage withdrawal symptoms
- MAT along with behavioral therapy and other services is one of the best approaches to treat substance misuse

*“The point of recovery isn't to live without ups and downs— It's learning how to live with ups and downs.” - Ali Foley Shenk*

**Ready to start your journey to  
recovery? Call today!  
603.935.5263**



**Manchester Community Health Center  
145 Hollis Street, 2nd Floor,  
Manchester, NH 03101**

**MEDICATION ASSISTED TREATMENT**

## MAT at Manchester Community Health Center (MCHC)

- We offer outpatient medication treatment services
- Our team of providers, nurses and behavioral health counselors work with you to manage your treatment
- We will work with you to better understand your insurance plan coverage for MAT services and help reduce your out of pocket expenses
- No insurance? We may still be able to help. Contact us today



*"They saved my life! My counselor taught me a different way of thinking, how to grow and become a better person. I feel stronger and able to love myself for the first time. I came a long way and I am very thankful for this program. My doctor and counselor are the best. I would never have done it without them." — MAT patient at MCHC*

**Call today! 603.935.5263**

NH DEPT. OF HEALTH AND HUMAN SERVICES  
**NHBDAS**  
BUREAU OF DRUG AND ALCOHOL SERVICES

*Promoting Prevention and Recovery*

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