

# Patient with Chronic Non Malignant Pain (CNMP) prescribed chronic opioids at very high dose

- 68 years old

Osteoarthritis of hip, inferior and superior pubic rami fractures, compression fracture of lumbar spine, osteoporosis with low vitamin D

MORPHINE sulfate **200 mg TID**

OXYCODONE 5 mg/ 325 mg acetaminophen QID

GABAPENTIN 600 MG QPM

CYCLOBENZAPRINE 10 MG TID

LIDOCAINE 5% OINTMENT

LORAZEPAM 0.5 mg QD

PSEUDOEPHEDRINE 60 TID

“I'm getting a new PCP and hope that this new PCP will increase my pain meds instead of decreasing them further”.

# PSYCHIATRIC HISTORY

- Polysubstance dependence/abuse (IV heroin, methadone, alcohol and cocaine dependence /abuse)
- Suicidal ideation and overdoses
- Multiple incarcerations
- Multiple shooters abscesses from heroin injecting
- Eloped with central line in place (1998)
- Methadone maintenance
- Multiple admissions for IV drug use / cutaneous abscesses
- Major Depression
- Insomnia
- Impaired cognition / Memory loss
- Abusive/Violent/Priority/Crisis CWAD

# Medical Issues

- Constipation and Difficulty Voiding
- Insomnia and disturbed sleep
- COPD/smoking
- OSA
- Frequent Falls/Ataxia
- Somnolence
- Dry Mouth
- Decreased libido
- Rhinorrhea
- Reduced socialization, quality of life and happiness
- 15 cups of coffee daily
- Osteoporosis